

## Changes of vaginal epithelium in creole pigs ovulating during lactation

Daniel MOTA-ROJAS<sup>1</sup>  
 María ALONSO-SPILSBURY<sup>1</sup>  
 Lilian Mayagoitia  
 NOVALES<sup>2</sup>  
 María Elena TRUJILLO<sup>3</sup>  
 Javier VALENCIA<sup>3</sup>  
 Ramiro RAMÍREZ-  
 NECOECHEA<sup>1</sup>  
 Saúl CORTÉS<sup>1</sup>  
 Isabel Escobar IBARRA<sup>1</sup>

1 - Universidad Autónoma Metropolitana-Xochimilco. DPAA. Área de Investigación: Ecodesarrollo de la Producción Animal, México, D. F.  
 2 - Departamento de Etología. Instituto Nacional de Psiquiatría Ramón de la Fuente Muñiz, México, D. F.  
 3 - Facultad de Medicina Veterinaria y Zootecnia, UNAM, México

### Correspondence to:

MARÍA ALONSO-SPILSBURY  
 Universidad Autónoma Metropolitana-  
 Xochimilco  
 DPAA - Área de Investigación:  
 Ecodesarrollo de la Producción Animal  
 Calz. del Hueso 1100  
 Col. Villa Quietud  
 México, D. F. 04960  
 maspilsbury@hotmail.com

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### Abstract

The objective of this study was to identify changes of the vaginal epithelium in Mexican hairless sows, which ovulated during lactation, caused by the effect of the boar presence and the litter withdrawal. In order to determine the oestrus stage, an exfoliative vaginal cytology and 17 $\beta$  estradiol and progesterone determinations were carried out on the 8 day after the onset of lactation out accompanied with behaviour observations. Four groups of sows were used: Group 1 was not stimulated; Group 2, remained with the boar; Group 3 was separated from its litter for 4 h and Group 4 got both stimuli. Vaginal smear samples were collected every 24 h. for 5 days after stimulus. An ANOVA statistical analysis was performed for repetitive samples during the 5 days of the test. Stimuli used in group 4 caused significant modifications ( $P < 0.001$ ) when compared to Groups 1, 2 y 3. Estradiol levels were higher than 30 pg/ml in Group 4 on day 10 *post partum* and 4.5 ng/ml of progesterone on day 11 and 12 *post partum*. It was evident that 100% of the sows in Groups 1, 2 and 3 did not show oestral activity when relating vaginal cytology with the oestral behaviour and hormone determination of the lactating sows, whereas 100% of the sows in group 4 presented oestrus 72 h. after the stimulus and ovulated 24 to 36 h after the oestrus onset, this was corroborated by estradiol and progesterone determinations, respectively.

### Key-words:

Ovulation.  
 Lactational oestrus.  
 Vaginal cytology.  
 Sow.  
 Reproduction.

### Introduction

Exfoliative vaginal cytology used for the detection of oestrus cycle in pigs is not a common procedure<sup>1</sup>. Researchers have described several other techniques to detect this physiological stage in pigs<sup>2</sup>.

Measurement of the lactational oestrus of the Mexican Hairless pig in a more comprehensive study has already been reported<sup>3,4,5,6</sup>. Vaginal smears of lactating-ovulation induced sows from the breed mentioned above were obtained in order to measure histologic changes in the mucosae to characterize the oestrus stage.

The objective of this study was to identify the effect of the presence of the boar and litter withdrawal on vaginal

mucosae in lactating Mexican Hairless sows through the exfoliative vaginal cytology, the onset of oestral behavior and estradiol and progesterone hormone detections.

### Materials and Methods

Five boars and four groups of 10 primiparous Mexican Hairless sows were used for this study.

Lactating sows were individually housed in 6 m<sup>2</sup> concrete pens for 28 days, from farrowing to weaning. Daily feed during lactation included 3 kg of a commercial feed (12.5 MJ DE/Kg and 15% of crude protein) *ad libitum*. Once pigs were weaned they were group-housed in a communal pen, and remained together for

Table 1 - Experimental design. Mexico, DF, 2003

Experimental groups	Treatments	Number of sows
1	Control, without stimuli (C)	10
2	Boar presence (B)	10
3	Litter withdrawal for 4 h (LW)	10
4	Boar & litter withdrawn (B + LW)	10

18 h; the rest of the time they were taken to an acorn forest. Boars were housed under total confinement in individual 5 m<sup>2</sup> concrete pens.

Stimuli used on day 8 postpartum included boar presence and litter withdrawal following this schedule:

1. Sows were moved to the boar area; 15 min of interaction was allowed, then the sows were returned to their litters<sup>7</sup>.

2. Litter withdrawal was done for 4 h consecutive.

3. Using both stimuli, and 3 h after the litter withdrawal, sows were moved to the boar's pen and remained there for 15 min. Thereafter, they returned to their own

pens, and their litters were placed back in the corrals 45 min. later.

Experimental handling of the animals is described in table 1.

Oestrus was detected by observing the behaviour of the sow and by performing exfoliative vaginal cytology<sup>8</sup>. Signs of oestrus included reddening and swelling of the vulva, restlessness, and the Whitten effect (haunch pressure test) without the boar's presence. This test was done twice a day with an interval of 12 h (morning and afternoon). Once the oestrus behaviour was detected through the haunch pressure test, or with the vaginal epithelium differential count when it exceeded 50% of the superficial cells<sup>1</sup>, sows

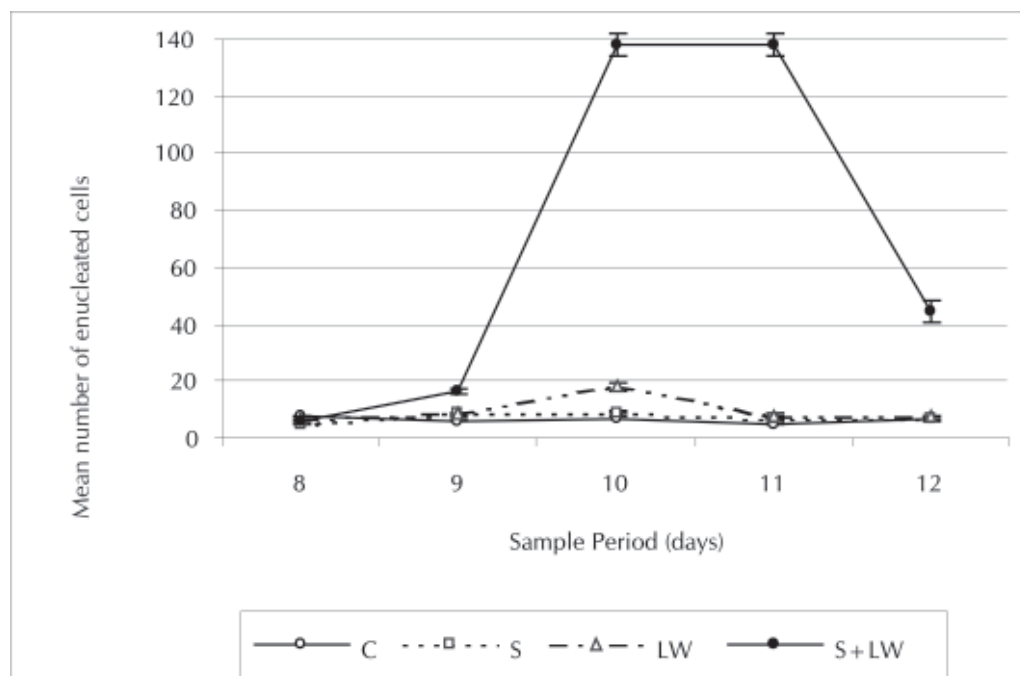


Figure 1 - Effect of treatment on the mean number ( $\pm$  s.e. n = 10 sows per treatment) of enucleated cells. C (o): Control group; B (□): boar stimulus; LW (Δ): litter withdrawn stimulus; B+LW (•): boar and litter withdrawn stimuli

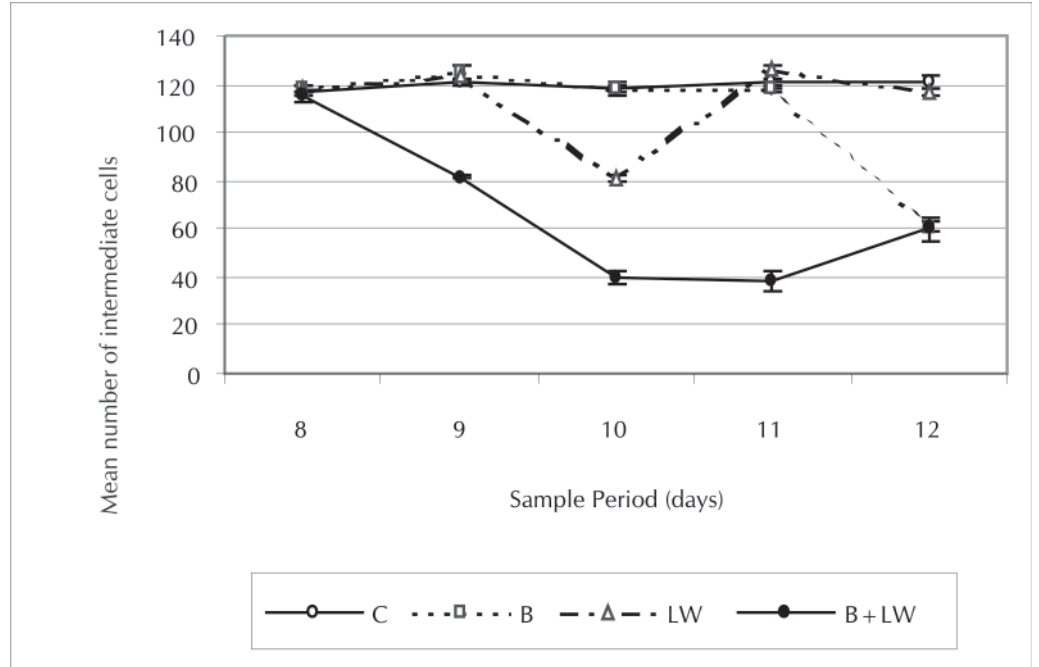


Figure 2- Effect of treatment on the mean number ( $\pm$  s. e. n = 10 sows per treatment) of intermediate cells. C (o): Control group; B (□): boar stimulus; LW (Δ): litter withdrawn stimulus; B+LW (●): boar and litter withdrawn stimuli

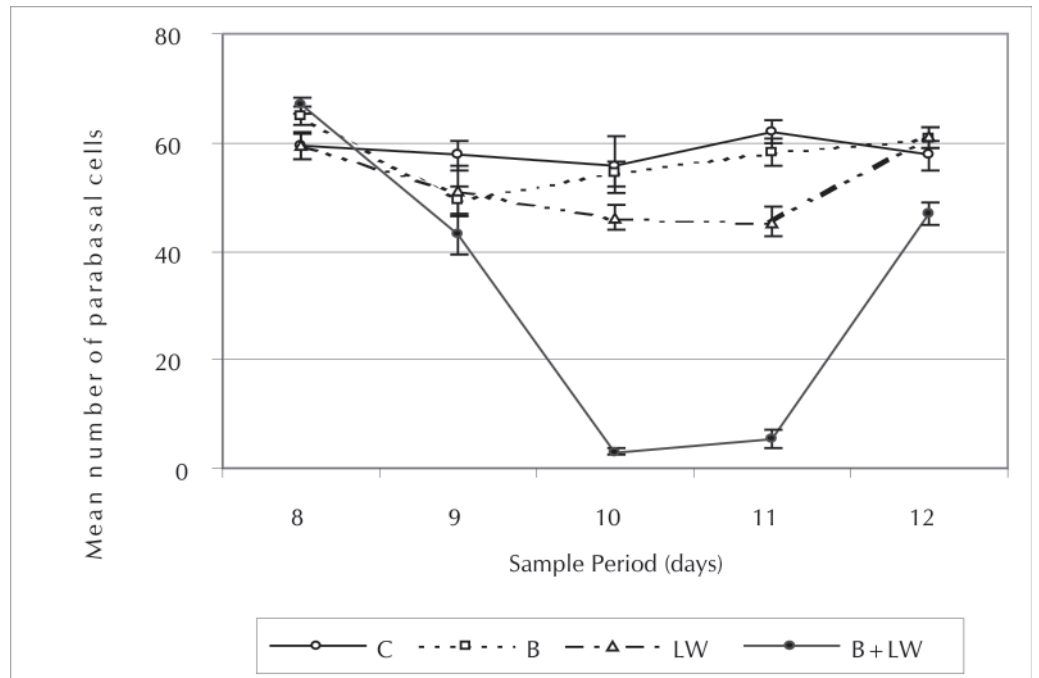


Figure 3- Effect of treatment on the mean number ( $\pm$  s. e. n = 10 sows per treatment) of parabasal cells. C (o): Control group; B (□): boar stimulus; LW (Δ): litter withdrawn stimulus; B+LW (●): boar and litter withdrawn stimuli

were moved to the boar's area so that the physiological stage could be confirmed. Afterwards, natural breeding with a mature boar took place at 12 and 24 h.

#### Sampling methods

##### Vaginal cytology

Vaginal smears were collected every 24 h for 5 days after the stimuli were induced. Samples were obtained with a sterile cotton swab that was introduced via a 16 cm length X 15 mm width sterile plastic cannula. Animal's vulva was previously cleaned. Slides were stained with the Papanicolaou method<sup>9</sup> and evaluated with a microscope at 40x; 200 cells per sample were counted. In order to find the maturation index, vaginal epithelial cells were categorized as parabasal, intermediate and superficial ones. Vaginal cytology was necessary because sows do not always show heat signs, and it was not possible to move the boar into the farrowing pen from groups C and LW, otherwise this would have misled the effects.

##### Blood collection and hormone assays

Jugular venous samples were collected daily on days 8 to 13 after the onset of the lactation from each sow. The final sample was taken on day 28, in order to evaluate the (progesterone) ( $P_4$ ) concentration. Oestrogen determination was performed to detect the renewal of the ovarian activity, and  $P_4$  determination to detect the presence of corpora lutea indicating ovulatory oestrus.

Serum  $P_4$  and oestrogens were quantified by a solid-phase RIA commercial kit (Farmacéutica S. A. de C. V. Inc., Lab). The Printz, Silvia and Edgerton<sup>10</sup> methodology was used for progesterone, and the Howard, Scott and Britt<sup>11</sup> one for oestrogen. Within and between-assay coefficients of variation for  $P_4$  and estrogens were 9.1% and 14.3%, and 7.5% and 15%, respectively.

When  $17\beta$  estradiol concentrations were over 25 pg/mL<sup>12,13</sup> sows were considered to be in oestrus;  $P_4$  levels over

4.5 ng/ml on day 8 throughout the day 13 were considered to be indicative that ovulation had taken place, and these latter concentrations were also indicative of pregnancy on day 28<sup>14</sup>.

##### Statistical analysis

To test the effect of the presence of the boar and litter withdrawal on different vaginal cell populations, a variance analysis for repeated measures using the general linear model (GLM) procedure of the statistical analysis system<sup>15</sup> was run. The significance level considered for all statistical tests was  $P < 0.05$ .

## Results and Discussion

The vaginal cytology test to detect oestral cycle stages in the sow has not been a common practice due to the fact that oestral cycle phases are not too marked, and that its interpretation requires a lot of experience<sup>2</sup>. Betteridge and Raeside<sup>16</sup>, determined that vaginal cytology was not a practical tool to determine oestrus phase in confined sows, as it required the sampling of vaginal smears every 12 h, and also because in each reading at least a count of 100 cells should be detected. Therefore the use of a boar is a more practical, feasible and quick method in intensive production pig farms in order to detect oestrus. Becker et al.<sup>1</sup>, had acknowledged that this technique is very useful in experimental phases when oestrus needs to be detected. Nonetheless, due to experimental reasons a boar cannot be used, principally because there are sows that ovulate without showing any evident oestrus signs, the detection of cell changes at vaginal level is therefore, a key methodology<sup>17</sup>.

The effect of the boar's presence and the litter withdrawal on enucleated superficial, intermediate and parabasal cells is presented in figures 1, 2 and 3, respectively.

Sows of Group 1 (C) did not show changes in the vaginal mucosae during the sampling.

Boar's presence (B) only promoted

significant changes ( $P < 0.05$ ) in superficial cells on day 4 post stimulus but these changes did not end on the onset of oestrus, which was corroborated by basal levels of  $17\beta$  estradiol. Temporary weaning (LW) promoted significant changes ( $P < 0.05$ ) when compared to treatments 1 and 2, in the number of intermediate, superficial and enucleated cells on day 10 postpartum, and on parabasal and superficial cells on day 11, but at the same time these changes were not enough to evidence the reonset of the ovarian activity.

Stimuli used in Group 4 (B+LW), caused significant modifications ( $P < 0.001$ ) when compared to groups 1, 2 and 3; nevertheless, the promoted changes in the vaginal mucosae were more marked and permanent than those found in Group 3 (Figures 1-3). Levels of estradiol superseded the 30 pg/ml on day 10 *post partum*, just one day before the onset of oestrus.

Progesterone's concentration maintained its basal levels, and did not show significant statistical changes in Groups 1, 2 and 3; nevertheless, in Group 4, the plasmatic

$P_4$  concentration superseded the 4.5 ng/ml in the 10 sows within this group 24 to 36 h after the onset of lactational oestrus. In the samples collected on day 28 of the lactation, 8 to 10 sows increased their  $P_4$  levels, and 2 sows reduced these levels below the 4.5 ng/ml; both of them did not reach gestation.

It is concluded that the vaginal cytology technique used in this study was useful, as significant cellular changes in the vaginal epithelium of the sows, which reinitiated ovarian activity, were identified, but maybe this technique was not sufficiently reliable to detect the exact moment in which the sow was really on oestrus.

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## Alteração do epitélio vaginal em fêmeas crioulas com ovulação durante a lactação

### Resumo

O objetivo deste estudo foi identificar mudanças do epitélio vaginal em fêmeas de "Cerdo Pelón Mexicano", que ovularam durante o lactação, estágio causado pelo efeito da presença de macho e retirada da leitegada. A avaliação do estro foi feita através de citologia de raspado vaginal, observação do comportamento das fêmeas e por determinação de  $17\beta$  estradiol e de progesterona no 8º dia após o início de lactação. Foram formados quatro grupos de fêmeas: Grupo 1 não sofreu estímulo; Grupo 2 permaneceu com o macho; Grupo 3 foi separado sua leitegada por 4 h e grupo 4 recebeu ambos estímulos. Amostras de raspado vaginal foram coletadas a cada 24 horas durante 5 dias após o estímulo. ANOVA para amostras repetidas foi realizada durante os 5 dias do teste. O estímulo utilizado no Grupo 4 causou modificações significativas ( $P < 0.001$ ) quando comparado aos Grupos 1, 2 e 3. Os níveis de estradiol foram mais altos que 30 pg/ml no Grupo 4 no 10º dia pós parto e 4.5 ng/ml de progesterona nos 11º e 12º dias pós parto. Ficou evidente que 100% das fêmeas nos Grupos 1, 2 e 3 não mostraram atividade

**Palavras-chave:**  
Ovulação.  
Estro lactacional.  
Citologia vaginal.  
Fêmea.  
Reprodução.

de estro quando foi relacionado citologia vaginal com o comportamento estral e determinação hormonal da fase de lactação das fêmeas, ao passo que 100% das fêmeas no Grupo 4 apresentaram estro 72 horas após os estímulos e ovularam 24 a 36 horas do início do cio, o que foi comprovado pela determinações de estradiol e progesterona, respectivamente.

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